



Coffee Chat

with the Diverse Learners Cooperative



Engaging Learners with ADHD

- Friday, November 13th
- 8:30 - 8:45am CST



The Diverse Learners Cooperative is a nonprofit organization that connects teachers and leaders with professional **learning, resources,** and **networks** to improve outcomes for diverse learners + increase teacher and leader retention

Today's Mission

To review tips, tools, and strategies that teachers can use to effectively engage learners with attentional challenges or ADHD during virtual or in-person learning.

AGENDA:

1. Understanding ADHD
2. Strategies for success
3. Tips & tools for students
4. Next steps



Who are students with ADHD?



Mindsets about ADHD

“They will just NOT sit down!”

“She can’t stay focused for longer than a few minutes.”

“His materials are a mess! No wonder things are missing.”

“They’re just choosing not to do their work.”

Naturally curious

Energetic

Resourceful

Hard working

Passionate

Creative & imaginative

Optimistic

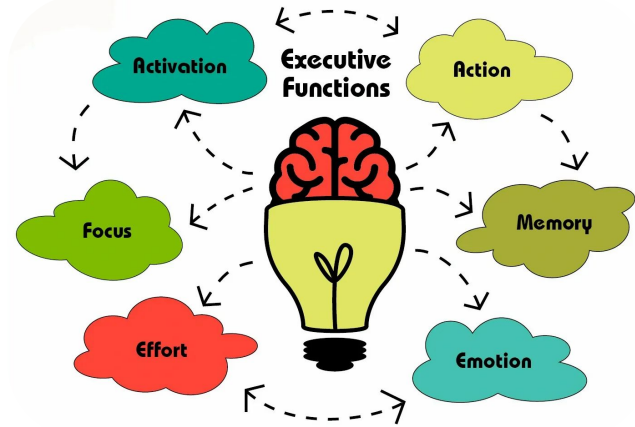


ADHD in the Classroom

Learners with [ADHD](#) may present as having difficulties with **executive functioning skills**, such as working memory, flexible thinking, and self-control.

Affects a variety of classroom skills, such as:

- Paying attention
- Starting tasks and staying focused on them to completion
- Self-monitoring (keeping track of what they're doing)
- Thinking before they act or speak (self-control)
- Regulating emotions or interacting positively with others



What strategies might help?



Strategy #1: Set Clear Learning Goals





Help students understand what they are learning, why it is important, and how they're going to get there.

Define the purpose & skill



Set an agenda

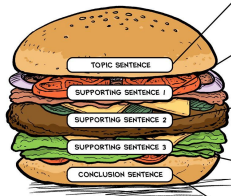
©HABA Visual School Schedule

 write in your own time!	type here
	
	
	

Step by step structure

Name _____
Date _____

The Hamburger Paragraph



TOPIC SENTENCE	_____
SUPPORTING SENTENCE 1	_____
SUPPORTING SENTENCE 2	_____
SUPPORTING SENTENCE 3	_____
CONCLUSION SENTENCE	_____

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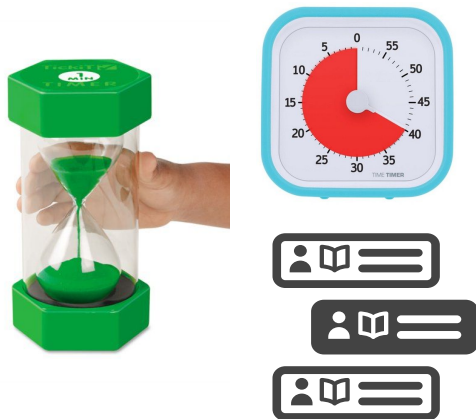
C	circle the key numbers
U	underline the question?
B	box any math verbs (action words)
E	evaluate (what steps do I take?)
S	1. solve and check 2. does my answer make sense? 3. statement



Strategy #2: Support with Visuals

Turn the abstract concepts or ideas into concrete visuals that support student understanding.

Make time visible



Prioritize use of checklists

Daily Assignments: Monday
This is an example of a completed task list based on the daily tasks for a 6th grade student using the [Grab N Go materials](#).

Meth Tasks: [about 30 minutes to complete]

- Watch the Basic Ratios video at: <https://bit.ly/2R1h2Zf>
- Complete page 1: Understanding Ratio Concepts
- Watch the Equivalent Ratio Word Problems video at: <https://bit.ly/2R1h2Zf>
- Complete page 2: Using Equivalent Ratios
- Complete only 3 ratio tables on page 3 as a fluency activity

[Take a brain break! Spend 10-15 minutes moving your body, like in this video: [GoNoodle Mood Walk Video](#)]

Reading & Writing Tasks [about 40 minutes to complete]

- Read the article "Simone Biles" at least once on pages 1 - 2
- Complete page 3: Answer questions 1 - 4 using information from the text
- Independently read a book of your choice for 20 minutes

[All done! Great job finishing your work for today.]

A screenshot of a task list with a pie chart showing 50% completion. The pie chart is divided into 8 segments, with 4 segments shaded red.

Incorporate multimedia



Strategy #3: Incorporate Variability










Maintain JOY & engagement by providing students with opportunities to take ownership of their learning.

Offer choices

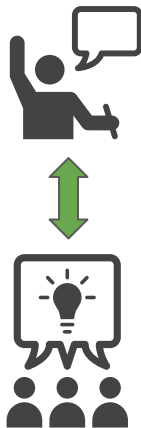
Opportunities to respond

Breaks from screens

Reading Response Choice Board

 Create a Venn diagram with your book recommendation. Include at least 3 reasons why you do or do not recommend the book using evidence from the text. Post the link here:	 Create a Flipgrid, recording the story from another character's point of view. Tutorial: Post the link here:	 Create a timeline of at least 6 major events from your story using Google Drawings. Post the link here:
 Read and Write for Google Extension to highlight 3 unfamiliar or interesting words. Use the extension to create a vocabulary Google Doc and write each word in a case sentence. Post the link here:	 Start Here <ul style="list-style-type: none">Read the book to your class or group.Complete 3 story activities.Write in your work to Google Classroom when finished.  Create a 3 minute Book Trailer to get other students interested in your book using iMovie. Use the 100% to join, Upload video into your Google Drive. Post the link here:	
 Create a Google Form with 3 important questions you wonder about from the story. Your classmate will respond later. Post the link here:	 Complete a Google Sheet listing the main characters in the novel and external character traits. Provide 3 pieces of evidence for each trait. Post the link here:	 Create a Google Slideshow with 4 sentences from the story. Timed 20 seconds. Timed 10 seconds. Timed 5 seconds. Post the link here:

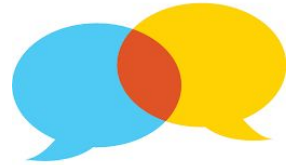
Created by @jollboucher www.flippedtechcoaching.com



Any tips for at-home learning?



Virtual Classrooms



We don't have control over everything going on at home, but there are still ways to support.



- Brainstorm attributes of a productive learning space together & identify ways to create one
- Encourage flexible seating or [use of fidgets](#)
- Use peer partners to model positive work habits
- Leverage [virtual platform options](#), like [Google Keep](#), to help students stay on track & complete tasks
- [Celebrate success](#) when goals are met!



Where do I start?



Next Step: Facilitate Conversations

2 x 10

Student questionnaire
(grades 6–12) Page 2 of 2

6. What makes learning easier for you? Does this help in certain subjects but not in others? Explain.

7. Do you have goals for your school to help you _____

Family questionnaire Page 2 of 2

When does your child learn best? (Check all that apply.)

<input type="checkbox"/> When seated near the teacher	<input type="checkbox"/> When provided with an outline to follow when taking class notes
<input type="checkbox"/> When allowed physical movement during a lesson	<input type="checkbox"/> When assigned work that's broken down into manageable chunks
<input type="checkbox"/> When given extra time to organize his or her thoughts	<input type="checkbox"/> When given clear directions that are repeated and clarified
<input type="checkbox"/> Other: _____	

_____ for your child? What makes it more difficult?

_____ when he or she is frustrated, anxious, or upset?

Get to know me

Name: _____

Teacher: _____

Strengths

1. _____

2. _____

3. _____

Challenges

1. _____

2. _____

3. _____

Strategies

1. _____

2. _____

3. _____

Hear from students themselves about strategies that help them pay attention & succeed in the classroom



Next Step: Shift the Focus

Why aren't my students engaged?

How can the design of my lessons better engage students?

Step-by-step planner: UDL lesson design

Step 1: Proactively design

Analyze the lesson goal

Record what students will know, do, and care about in this part of the lesson. (Think about the content they need to understand, group work there may be, and different skills in the activity or task.)

Next, decide on the primary goal for this part of the lesson. Craft a clear, specific goal for students to focus on.

Optional tool: [Top 10 UDL Tips for Developing Goals](#)

Ask yourself or a planning partner:

- Is my goal **clear** and **specific**?
- Have I separated the **primary goal** from the other parts of the lesson?

[Universal Design for Learning Strategies](#)



All students want to succeed.





Thank you!

www.diverselearnerscoop.com/covid19

Join us [here](#) next time for...

Virtual IEP Meetings: Revisited

- December 4th
- 8:30 - 8:45am CST

Let's hear from you.

